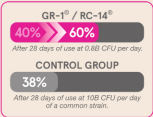


STRAINS MATTER®: GR-1®/RC-14®
and VAGINAL FLORA

In one randomized clinical trial, 60% of women studied had healthy vaginal flora after 28 days of use at 0.8 billion CFU per day of a probiotic (formulated with *L. rhamnosus*, GR-1® and *L. reuteri*, RC-14®) compared to 40% before supplementation. Whereas in the control group (taking 10 billion CFU of common strain, *L. rhamnosus* GG) there was no improvement in the percentage of women with healthy vaginal flora.¹



¹Reid et al. (2001). *FEMS Immunol. Med. Microbiol.*
GR-1 and RC-14 are trademarks of Chr. Hansen A/S.



SUGGESTED USE: Adults take 1 capsule once a day. May be taken with or without food. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Clinically Effective Probiotic Strains
Over 30 years of clinical research supports the effectiveness of the 2 patented probiotic bacterial strains in **Fem-Dophilus**®.* These beneficial strains populate the vaginal tract with healthy bacteria to balance the vaginal microbiome and help maintain a healthy vaginal and urinary tract.* These two strains are the most clinically published strains for vaginal health worldwide**, and were carefully selected due to their effectiveness in these studies.*

A special manufacturing process protects the probiotic strains in **Fem-Dophilus**® from stomach acid, enhances probiotic bacterial survival to the lower intestine, and into the vaginal tract.* Additionally, the package contains a smaller, Activ-Vial™ moisture-controlled desiccant bottle for better stability of probiotic bacteria.

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use. **KEEP OUT OF THE REACH OF CHILDREN.**

**As of 8/1/2022

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



VEGAN

fem dophilus®

1 BILLION CFU

2 CLINICALLY EFFECTIVE STRAINS

VAGINAL & URINARY TRACT

Maintains and balances vaginal microbiome and urinary tract health* with GR-1® & RC-14® strains

- 30+ years of clinical research
- non-gmo
- gluten free

30 VEGGIE CAPSULES

PROBIOTICS SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule	
Amount Per Serving	
Proprietary Probiotic Blend	155 mg † (1 Billion CFU§)
<i>Lactocaseibacillus rhamnosus</i> (GR-1®)	
<i>Limosilactobacillus reuteri</i> (RC-14®)	
† Daily Value (DV) not established.	

Other Ingredients: Microcrystalline cellulose, capsule (hypromellose), magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com

STORE IN A COOL, DRY PLACE.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

§ Minimum 1 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.

No Refrigeration Necessary
Does not require refrigeration and can be stored at room temperature in a cool, dry place. Avoid storage at temperature above 77°F (25°C). Refrigeration, however extends shelf life.

APPROX. FILL LINE

Lot #. Best Used Before:

05123FEMS PROD # 103041



© 2023 Jarrow FORMULAS®

Do not use if safety seal is damaged or missing.