

**SUGGESTED USE:** Adults take 1 softgel 1-2 times a day or as directed by your qualified healthcare professional.

**Jarrow Formulas® Extra Virgin Coconut Oil** (*Cocos nucifera*) is cold-pressed from the dried flesh (copra) of the coconut palm fruit, and does not utilize any chemical solvents in the manufacturing process. **See nutrition information for total fat and saturated fat content.**

- Made with Extra Virgin Coconut Oil
- 100% Cold-Pressed and Solvent Free

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.**  
**STORE IN A COOL, DRY PLACE.**

02223COCOXCVCAP    PROD # 116047



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Lot #. Best Used Before:



Extra Virgin  
**Coconut Oil**

**COLD-PRESSED**

**1000 MG**

Made with organic extra virgin coconut oil

- non-gmo
- gluten free

**120** SOFTGELS  
DIETARY SUPPLEMENT



| Supplement Facts                                          |                    |      |
|-----------------------------------------------------------|--------------------|------|
| Serving Size 1 Softgel                                    |                    |      |
|                                                           | Amount Per Serving | % DV |
| Calories                                                  | 10                 |      |
| Total Fat                                                 | 1 g                | 1%‡  |
| Saturated Fat                                             | 1 g                | 5%‡  |
| Organic Extra Virgin Coconut Oil                          | 1000 mg            | †    |
| † Daily Value (DV) not established.                       |                    |      |
| ‡ Percent Daily Values are based on a 2,000 calorie diet. |                    |      |

Other Ingredients: Softgel (gelatin, glycerin, water).

**Contains:** Tree nuts (coconut).

Distributed by Jarrow Formulas, Inc.  
Sherman Oaks, CA 91403, USA  
1-866-459-4154    [www.Jarrow.com](http://www.Jarrow.com)

This product contains 70% organic ingredients.

Certified Organic by QAI.

PRODUCT OF THE PHILIPPINES

Presence of white precipitate is normal and due to the different melting points of the various fatty acids in the oil.

Do not use if safety seal is damaged or missing.

APPROX.  
FILL LINE