

SUGGESTED USE: Adults take 1 softgel 1-2 times a day with meals or as directed by your qualified healthcare professional.

Jarrow Formulas® Evening Primrose is a cold-pressed, solvent free oil from evening primrose seeds (*Oenothera biennis*), a source of Gamma-Linolenic Acid (GLA). GLA is an important omega-6 fatty acid supporting the production of prostaglandins (hormone-like compounds), which play an important role in skin and immune health.* Evening primrose oil provides nutritional support for mild discomfort associated with PMS.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Do not use if safety seal is damaged or missing.

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

COLD PRESSED & HEXANE FREE

Evening Primrose

SEED OIL

Support for mild PMS discomfort,
skin, and immune health*

✓ **non-gmo**

🌿 **gluten free**

60 SOFTGELS
DIETARY SUPPLEMENT

1300 MG



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% DV
Calories	15	
Total Fat	1.5 g	2%‡
Evening Primrose Seed Oil	1,300 mg	†
(<i>Oenothera biennis</i>)		
GLA (Gamma-Linolenic Acid)	130 mg	†

† Daily Value (DV) not established.

‡ Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Softgel (gelatin, glycerin, water).

Distributed by Jarrow Formulas, Inc.

Sherman Oaks, CA 91403, USA

1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

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PROD # 109002

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APPROX.
FILL LINE