

**SUGGESTED USE:** Adults take 2 softgels once a day with meals or as directed by your qualified healthcare professional.

**EPA-DHA Balance®** contains ultra-purified, highly concentrated, and molecularly distilled omega-3 fatty acids from fish oil. This unique blend provides the synergistic benefits of DHA and EPA omega-3 fatty acids in a 2:1 ratio to support cardiovascular, brain, and joint health.\*

**Qualified Health Claim:** Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. Consuming EPA and DHA combined may help lower blood pressure in the general population and reduce the risk of hypertension. However, FDA has concluded that the evidence is inconsistent and inconclusive. One serving of EPA-DHA Balance® provides 1.2 grams of EPA and DHA.

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication (especially if taking blood thinning/anticoagulants), have a medical condition (especially seafood allergies, bleeding disorder, or facing surgery); if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE.**

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Lot #. Best Used Before:

**Jarrow  
FORMULAS®**

# EPA-DHA Balance®

## OMEGA-3 FATTY ACIDS

Supports cardiovascular, brain and joint health\*

 **2:1 ratio of EPA/DHA**

 **non-gmo**

 **gluten free**

**240** SOFTGELS

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 120

|                             | Amount Per Serving | % DV |
|-----------------------------|--------------------|------|
| Calories                    | 20                 |      |
| Total Fat                   | 2 g                | 3%‡  |
| Fish Oil Concentrate        | 2,000 mg           | †    |
| Omega-3 Fatty Acids         | 1,200 mg           | †    |
| EPA (Eicosapentaenoic Acid) | 800 mg             | †    |
| DHA (Docosahexaenoic Acid)  | 400 mg             | †    |

† Daily Value (DV) not established.

‡ Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Softgel (gelatin, glycerin, water), natural flavor and mixed tocopherols (antioxidant).

**Contains:** Fish (anchovy and sardine).

Distributed by Jarrow Formulas, Inc.  
Sherman Oaks, CA 91403, USA  
1-866-459-4154

Do not use if safety seal is damaged or missing.

11522EPADHA240 PROD # 116039



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APPROX. FILL LINE ↓