

**SUGGESTED USE:** Adults take 1 capsule 1-3 times a day with a fat-containing meal or as directed by your qualified healthcare professional.

**Jarrow Formulas® Co-Q10** (Ubiquinone) is an antioxidant that supports normal mitochondrial function, the power factories within our cells.\* It is found in the cells of energy rich tissues like the heart, but with age these levels decrease.\* Co-Q10 helps promote mitochondrial health, cellular energy production, and healthy cardiovascular function.\*

**WARNING:** Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

**KEEP OUT OF THE REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE.**

**\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Kaneka Q10® is a registered trademark of the Kaneka Corporation of Japan.

Lot #. Best Used Before:

**Jarrow  
FORMULAS®**

KANEKA Q10®

VEGAN

# Co-Q10

**REGULAR STRENGTH**

**100 MG**

Supports mitochondrial health, cellular energy production, and healthy cardiovascular function\*

✓ non-gmo 🌱 gluten free

**60** VEGGIE  
CAPSULES

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Coenzyme Q10 (Ubiquinone)	100 mg †

† Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc.

Sherman Oaks, CA 91403, USA

1-866-459-4154 [www.Jarrow.com](http://www.Jarrow.com)

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.



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Do not use if safety seal is damaged or missing.

PROD # 106003  
11322Q100

APPROX. FILL LINE