

SUGGESTED USE: Adults take 1 tablet once a day or as directed by your qualified healthcare professional. Swallow quickly with a full glass of liquid.

Jarrow Formulas® Bromelain is a protein-digesting (proteolytic) enzyme extracted from pineapple sap and stem that supports digestion.*

WARNING: Do not use if allergic to pineapples, honeybee stings, or olive pollen. Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Do not use if safety seal is damaged or missing.

03223BROM60 PROD # 123006

Lot #. Best Used Before:

**Jarrow
FORMULAS®**

VEGAN

Bromelain

DIGESTIVE ENZYME

500 MG

Supports protein digestion*

 **gluten free**

60 TABLETS

DIETARY SUPPLEMENT



Supplement Facts	
Serving Size 1 Tablet	
Amount Per Serving	
Bromelain	500 mg (1,000 GDU‡) †
† Daily Value (DV) not established.	

Other Ingredients: Calcium phosphate, maltodextrin, silicified microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide, hydroxypropylcellulose and coating (hydroxypropylmethylcellulose, glycerin).

Distributed by Jarrow Formulas, Inc.
Sherman Oaks, CA 91403, USA
1-866-459-4154 www.Jarrow.com



‡ GDU, Gelatin-Digesting Units



© 2023 **Jarrow FORMULAS®**

No wheat, gluten, soybean, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.

APPROX. FILL LINE