

SUGGESTED USE: Adults take 1 capsule 3 times a day (for a total of 3) with meals to facilitate maximum absorption, or as directed by your qualified healthcare professional.

BoneUp® 3 Per Day offers many of the same nutrients of regular BoneUp® but in a convenient, 3-capsule formula. This comprehensive formula provides StimuCal™ MicroCrystalline HydroxyApatite (MCHA) from free-range New Zealand calves and micronutrients to support bone health.* StimuCal™ is a naturally derived source of calcium shown to support bone mineral density better than calcium carbonate.* StimuCal™ also provides bone proteins, including type I collagen.* Vitamins D₃ and K₂ work together to support calcium deposition into bones.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication (especially anticoagulants [e.g. Warfarin/Coumadin]) or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

StimuCal™ is a registered trademark of PharmaZen Ltd., and is patent pending.

Lot #. Best Used Before:

**Jarrow
FORMULAS**

StimuCal™
WITH BONE STIMULATING PROTEIN

3 Per Day
BoneUp®

BONE HEALTH

1000 MG OF CALCIUM
PER DAY

Supports bone density*
Provides skeletal nutrition*

 **gluten free**

90 CAPSULES
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	33.3 mg	37%
Vitamin D (as D ₃ Cholecalciferol)	8.3 mcg (333 IU)	42%
Calcium (Elemental) (from Microcrystalline Hydroxyapatite)	333.3 mg	26%
Magnesium (as Magnesium Oxide)	116.7 mg	28%
Zinc (as Zinc L-Methionine Sulfate)	3.3 mg	30%
Copper (as Copper Gluconate)	0.333 mg	37%
Manganese (as Manganese Citrate)	0.333 mg	14%
Vitamin K ₂ (as Naturally Derived MK-7 [Menaquinone-7])	15 mcg	†
Boron (as Boron Citrate)	1 mg	†

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), magnesium stearate (vegetable source) and silicon dioxide.

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Actual Capsule Size



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APPROX. FILL LINE
No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame.
Do not use if safety seal is damaged or missing.