

SUGGESTED USE: Adults take 2 capsules 3 times a day (for a total of 6) with meals to facilitate maximum absorption, or as directed by your qualified healthcare professional.

BoneUp® is a comprehensive formula that provides StimuCal™ MicroCrystalline HydroxyApatite (MCHA) from free-range New Zealand calves and micronutrients to support bone health.* StimuCal™ is a naturally derived source of calcium shown to support bone mineral density better than calcium carbonate.* StimuCal™ also provides bone proteins, including type I collagen. Vitamins D₃ and K₂ work together to support calcium deposition into bones.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication (especially anticoagulants [e.g. Warfarin/Coumadin]) or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Do not use if safety seal is damaged or missing.

StimuCal™ is a registered trademark of PharmaZen Ltd., and is patent pending.

Lot #. Best Used Before:



**Jarrow
FORMULAS.**



BoneUp®

BONE HEALTH

1000 MG OF CALCIUM
PER DAY

Supports bone density*
Provides skeletal nutrition*



360 CAPSULES
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 180

	Amount Per Serving	% DV
Vitamin C (as Calcium Ascorbate)	66.7 mg	74%
Vitamin D (as D ₃ Cholecalciferol)	8.3 mcg (333 IU)	42%
Calcium (Elemental) (from Microcrystalline Hydroxyapatite)	333.3 mg	26%
Magnesium (as Magnesium Oxide)	166.7 mg	40%
Zinc (as Zinc L-Methionine Sulfate)	3.3 mg	30%
Copper (as Copper Gluconate)	0.333 mg	37%
Manganese (as Manganese Citrate)	0.333 mg	14%
Potassium (as Potassium Citrate)	33 mg	1%
Vitamin K ₂ (as Naturally Derived MK-7 [Menaquinone-7])	15 mcg	†
Boron (as Boron Citrate)	1 mg	†

† Daily Value (DV) not established.

APPROX.
FILL LINE

Other Ingredients: Microcrystalline cellulose, capsule (bovine gelatin), magnesium stearate (vegetable source) and silicon dioxide.

Distributed by Jarrow Formulas, Inc.
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