SUGGESTED USE: Adults take 2 tablets 1-2 times a day or as directed by your qualified healthcare professional.

The adrenal glands produce hormones that underlie the body's mechanisms for coping with physical and mental stress. Factors such as overtraining in athletics and over-reliance on caffeine and other stimulants may tax the adrenals.

Jarrow Formulas® Adrenal Optimizer® combines important nutrients and nutraceuticals that support adrenal health.* Vitamin C, DMAE, and pantothenic acid participate in the synthesis and release of adrenal hormones.*

WARNING: Consult a healthcare professional before using this product if you are pregnant, nursing, under the age of 18, are taking medication or have a medical condition; if adverse reactions occur, discontinue use.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE,



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Do not use if safety seal is damaged or missing.

12322ADRFN120 PROD # 129032

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Lot #. Best Used Before:

Jarrow **FORMULAS**®

VEGAN

Adrenal **Optimizer**®

HEALTHY STRESS RESPONSE

Supports normal adrenal health and reduction of occasional stress*



gluten free

DIFTARY SUPPLEMENT



Supplement Facts

Serving Size 2 Tablets Servings Per Container 60

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	Amount Per	Serv	ing	% D\
	Vitamin C (as Calcium Ascorbate)	100	mg	111%
	Pantothenic Acid (as Calcium D-Pantothenate)	250	mg	5,000%
	Calcium (as Calcium Phosphate/D-Pantothenate/Ascort	80 cate)	mg	6%
	Chamomile Flower Complex (Matricaria recutita)	125	mg	-
	Shatavari Root Complex (Asparagus racemosus)	100	mg	1
	Gotu Kola (Leaf) (Centella asiatica)	100	mg	1
	Rhodiola Rosea Root Extract	100	mg	1
	Eleuthero Root Extract (Eleutherococcus senticosus)	100	mg	1
	Licorice Root Extract (Glycyrrhiza glabra)	100	mg	1
	Ashwagandha Root Extract (Withania somnifera)	100	mg	1
	Schizandra Extract (Fruit & Seed) (Schisandra chinensis)	80	mg	1
	DMAE (from 2-Dimethylaminoethanol Bitartrate)	25	mg	-
	† Daily Value (DV) not established.			

Other Ingredients: Microcrystalline cellulose, calcium phosphate, stearic acid (vegetable source), maltodextrin, croscarmellose sodium, dextrin, silicon dioxide, magnesium stearate (vegetable source) and coating (hydroxypropylmethylcellulose, glycerin).

APPROX. FILL LINE

Distributed by Jarrow Formulas, Inc. Sherman Oaks, CA 91403, USA 1-866-459-4154 www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, peanuts/tree nuts or sesame