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Store away from heat & light
Keep Out of the Reach of Children

Adults: Add 1 squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.

SUGGESTED USE
SHAKE WELL BEFORE USING

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Melissa officinalis
**LEMON
BALM**

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Lemon Balm Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 168
Amount Per Serving	% DV
Lemon Balm aerial parts (<i>Melissa officinalis</i>) extract	675 mg †
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (45-55%) & certified organic vegetable glycerin.
Gluten-Free

- Certified Organic
- Fresh (undried)
- Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.5

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.