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SUGGESTED USE
SHAKE WELL BEFORE USING
Adults: Add 1 squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

*Sambucus nigra***ELDER****OPTIMAL WELL-BEING***

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

**Elder Liquid Extract****Supplement Facts**

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Elder flower

636 mg Ⓢ †

(Sambucus nigra) Ⓢ extract

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(59-69%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

HERB PHARM • WILLIAMS, OR 97544**800-348-4372 • www.herb-pharm.com**

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.