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SUGGESTED USE

Shake Well Before Using.
Adults: Spray 4 times into
mouth and swallow,
3 - 5 times per day.
Best taken between meals.

Keep Out of the Reach of Children.
Store away from heat and light.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE
FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE,
TREAT, CURE OR PREVENT ANY DISEASE.

Daily Calming Spray™



*Adaptogenic Support**



HERBAL SUPPLEMENT 1 FL OZ (30 ML)

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Certified organic extract blend:	722 mg E †
Ashwagandha root (<i>Withania somnifera</i>)	O ,
Lemon Balm aerial parts (<i>Melissa officinalis</i>)	O F ,
Skullcap flowering aerial parts (<i>Scutellaria</i> <i>lateriflora</i>)	O F , Wood Betony aerial parts (<i>Stachys officinalis</i>) O , Reishi mushroom (<i>Ganoderma lingzhi</i>) O .

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(29-39%), distilled water & certified organic
vegetable glycerin. **GLUTEN-FREE**

O Certified Organic **F** Fresh (undried)

E Extraction rate 210 mg fresh herb & 98 mg
dry herb per 0.7 ml.

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Certified organic by Organic Certifiers