WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synenhrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to MAOI inhibitors. antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating. diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. This product is intended for use by healthy individuals only. Do not use this product if you are pregnant or nursing or have any medical condition. KEEP OUT OF REACH OF CHILDREN.



Insert UPC: 859582001970

Insert lot # & expiration



SUGGESTED USE: Take 1

Licap® daily with food. Do not exceed 1 Licap® per day.

SUPPLEMENT FACTS

Serving Size: 1 Licap® Serving per Container: 60

Amount Per Serving % of Daily Value*

METHYL CUT BLEND 274.5 mg *
Caffeine Anhydrous (200 mg), Beta Phenylethylamine HCI,

Synephrine HCI

FD&C Yellow #6, Glycerol Monostearate

Daily Value Not Established

Other Ingredients: Sesame Seed Oil, Lecithin, Mixed Tocopherols 90, FD&C Red #40, FD&C Blue #1,

Yohimbine HCI, Dandelion Root Extract, Methyl

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or provent any disease



Manufactured exclusively for and distributed by:

VANCED NUTRITION SYSTEMS, LLC Greenville SC 29607

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