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SUGGESTED USE
SHAKE WELL BEFORE USING
Adults: Add 1 squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

Nepeta cataria
CATNIP

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



Catnip Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Catnip flowering aerial parts

674 mg Ⓢ †

(*Nepeta cataria*) Ⓢ Ⓢ extract

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(45-55%) & certified organic vegetable glycerin.

Gluten-Free

Ⓢ Certified Organic Ⓢ Fresh (undried)

Ⓢ Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.5

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.