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SUGGESTED USE

Shake Well Before Using. Adults: 10 to 15 minutes before meals, spray 4 times into mouth, hold briefly to savor the complex flavors, then swallow.

Caution: Not for use in pregnancy or nursing. Not for long term use, do not exceed recommended serving.

Keep Out of the Reach of Children. Store away from heat and light.



BETTER BITTERS™

ABSINTHIUM



HERBAL SUPPLEMENT 1 FL OZ (30 ML)

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Certified organic extract blend:	636 mg E †
Wormwood flowering aerial parts (<i>Artemisia absinthium</i>)	O F
Anise seed (<i>Pimpinella anisum</i>)	O
Fennel seed (<i>Foeniculum vulgare</i>)	O
Hyssop flowering aerial parts (<i>Hyssopus officinalis</i>)	O
Lemon Balm aerial parts (<i>Melissa officinalis</i>)	O F
Cardamom seed with pod (<i>Elettaria cardamomum</i>)	O

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (60-70%), distilled water & certified organic vegetable glycerin. **GLUTEN-FREE**

- O** Certified Organic **F** Fresh (undried)
E Extraction rate 158 mg fresh herb & 145 mg dry herb per 0.7 ml.

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 Certified organic by Organic Certifiers