

Withania somnifera
ASHWAGANDHA

ENERGY & VITALITY*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Adults: Add 1 squeeze of the dropper bulb to 2 oz. of water or juice, 2 or 3 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light



Ashwagandha Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 168
Amount Per Serving	% DV
Ashwagandha root (<i>Withania somnifera</i>) extract	626 mg †
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (61-71%) & distilled water. **Gluten-Free**

- Certified Organic
- Extraction rate 175 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 4

We prepare our Ashwagandha Extract from the whole root of **certified organically grown** *Withania somnifera* plants.

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800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**