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SUGGESTED USE
SHAKE WELL BEFORE USING
Adults: Add 1 squeeze of the dropper bulb
to 2 oz. of water or juice, 2 or 3 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

Withania somnifera
ASHWAGANDHA
ENERGY & VITALITY*



HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Ashwagandha Liquid Extract**Supplement Facts**

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Ashwagandha root
(*Withania somnifera*) Ⓞ extract

626 mg Ⓞ †

† Daily Value (DV) not established

Other Ingredients: certified organic cane
alcohol (61-71%) & distilled water.

Gluten-Free

- Ⓞ Certified Organic
- Ⓢ Extraction rate 175 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 4

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.