

The THERMOGAIN Advantage

MuscleTech researchers have developed THERMOGAIN™ to help you build muscle and burn more calories, which helps you stay lean as you grow. This advanced musclebuilding thermogenic is the first of its kind.▲

The Formula

"By accelerating the body's metabolic rate, THERMOGAIN helps you burn more calories. This leads to heat production (or "thermogenesis"), which is essential in helping you to stay lean. Meanwhile, THERMOGAIN also helps you build muscle. Alongside your training program, THERMOGAIN supports muscle fiber protein synthesis, which leads to increased muscle size.▲

The Science

"In one study, subjects who consumed the key ingredients found in THERMOGAIN burned 170 more calories per day when compared to the amount of calories they burned using a placebo (2422 vs. 2252 calories per day).▲

You define success. We define performance.™

DIRECTIONS: As a dietary supplement, take 3 capsules with an 8 oz. glass of water 3 times daily, approximately 30 to 60 minutes before meals. On days of your workout, take 1 of these servings before the workout. Consume ten 8 oz. glasses of water per day. Read the entire label before use and follow directions. Do not exceed 3 capsules in a 4-hour period and/or 9 capsules in a 24-hour period. Do not take within 5 hours of bedtime. To assess individual tolerance, follow the chart. For best results, combine THERMOGAIN™ with an intense exercise and nutrition program.

Day 1 to Day 3	1 capsule, 3x daily
Day 4 to Day 7	2 capsules, 3x daily
Day 8 & beyond	3 capsules, 3x daily

WARNING: Not intended for use by persons under 18. This product may increase core body and/or body surface temperature. Do not use if pregnant or nursing. Consult a medical doctor before use if you have been treated for or diagnosed with, or have a family history of, any medical condition including, but not limited to cardiovascular or central nervous system problems, diabetes, liver or kidney disease or if you are using any prescription or over-the-counter drug. Do not use if you are using a monoamine oxidase inhibitor (MAOI), selective serotonin reuptake inhibitor (SSRI), or any other drug and/or over-the-counter drug and/or dietary supplement containing ingredients with a known stimulant effect, including, but not limited to caffeine, ephedrine group alkaloids, pseudoephedrine, or phenylpropanolamine. One serving (3 capsules) of this product contains about as much caffeine as three cups of coffee. Do not combine with other sources of caffeine (e.g., tea, coffee, and cola beverages). Consult a medical doctor before starting any diet or exercise program. Discontinue use and call a medical doctor immediately if you experience irregular heartbeat, chest pain, dizziness, headache, nausea, or other similar symptoms. Exceeding the recommended serving and/or improper use of this product will not improve results and is not advised. Use only as directed. Do not use if imprinted seal under cap is broken. Store in a cool, dry place (60°F to 80°F). **KEEP OUT OF REACH OF CHILDREN.**

Covered by U.S. patents #6,136,339 and #6,620,425. Other U.S. patent pending.

MUSCLETECH
Research And Development

**20% MORE*
POWERFUL**

THERMOGAIN™

MUSCLEBUILDING THERMOGENIC▲

INCREASES THERMOGENESIS▲††

BUILDS MUSCLE SIZE▲††

Dietary Supplement 150 Capsules

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 50

Amount Per Serving	%Daily Value
ALPHA-GAIN™ 1.64 g	†
Di-creatine malate	†
Alpha lipoic acid	†
Evodia rutaecarpa extract (as <i>Tetradium ruticarpum</i>) (fruit)	†
Standardized for 10% evodiamine	†
Cinnamomum verum extract (bark)	†
Standardized for 2% methylhydroxychalcone	†
Vinpocetine	†
Huperzia serrata extract (whole plant)	†
Standardized for 1% huperzine	†
White willow extract (<i>Salix alba</i>) (bark)	†
Standardized for 25% salicin	†
INCINERATE™ 933 mg	†
Green tea extract (<i>Camellia sinensis</i>) (leaf)	†
Standardized for 90% polyphenols [75% catechins (45% epigallocatechin gallate, 10% epicatechin gallate, 8% epigallocatechin, 4% epicatechin, 3% gallic acid gallate - 200 mg EGCG)]	†
Caffeine (as caffeine anhydrous)	†
Theobroma cacao extract (seed)	†
Standardized for 6% theobromine	†
Oolong tea extract (<i>Camellia sinensis</i>) (leaf)	†
Standardized for 50% polyphenols [25% catechins (15% epigallocatechin gallate)]	†
White tea extract (as <i>Camellia sinensis</i>) (leaf)	†
Standardized for 50% polyphenols [35% catechins (15% epigallocatechin gallate)]	†
Guarana extract (<i>Paullinia cupana</i>) (seed)	†
Standardized for 1% caffeine	†
Yerba maté extract (<i>Ilex paraguariensis</i>) (leaf)	†
Standardized for 300 mg of caffeine	†

† Daily Value not established

Other Ingredients: Gelatin, calcium carbonate, silica, magnesium silicate, magnesium stearate, cellulose, titanium dioxide, FD&C Red No. 40, FD&C Blue No. 1, FD&C Yellow No. 5, FD&C Red No. 3.

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*20% more caffeine for more energy, compared to original THERMOGAIN™

ThermoGain.com™ 1-800-246-3261

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SMALL
Position Only**

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