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**Warning:** This product is only intended to be consumed by healthy adults 18 years of age of older. Pregnant or nursing women should not use this product. Discontinue use and immediately consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains Beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use if sleeplessness, tremors, dizziness, nervousness, headaches or heart palpitations occur.

**KEEP OUT OF REACH OF CHILDREN.** Contents may settle after shipping. Shake container prior to each use to redistribute ingredients. Moisture and humidity can cause clumping and discoloration.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CarnoSyn® Carnosine Synthesizer

Natural Alternatives International (NAI) is the owner of patents 5,965,596, 6,172,098, 6,426,361, 6,680,294 and registered trademark CarnoSyn®.

Printer to insert UPC:
859582001895

(Area for lot #, Exp. date)

# POST BCAA

MUSCLE RECOVERY*
INCREASE STAMINA*
DELAY FATIGUE*

DIETARY SUPPLEMENT

WATERMELON

NET WT.
240 g (8.5 oz)

**SUGGESTED USE:** As a dietary supplement, mix 1-2 scoops in 6-12 ounces of water and shake vigorously. May be taken before, during, and after exercise. For enhanced results, **POST BCAA** may be taken with **METHYL PUMP** and **TEST D-ASPARTIC.**

**OTHER INGREDIENTS:** Maltodextrin, Natural & Artificial Flavors, Citric Acid, Potassium Citrate, Silicon Dioxide, Sucralose, FD&C Red 40

**ALLERGEN WARNING:**
Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

## SUPPLEMENT FACTS

**Serving Size: 1 Scoop (8 g)** **Servings per Container: 30**

| | Amount Per Serving | % Daily Value* |
|---|---|---|
| Potassium | 60 mg | 2% |
| **BCAA Complex** | **4000 mg** | ^ |
| Micronized L-Glutamine, Micronized L-Leucine, Micronized L-Isoleucine, Micronized L-Valine | | |
| **Carnosyn Beta Alanine** | **500 mg** | ^ |

^ Daily Value Not Established
*Percent Daily Values are based on a 2000 calorie diet.

*Manufactured exclusively for and distributed by:*

ANS®

ADVANCED NUTRITION SYSTEMS, LLC
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