## rooted in or egon

As a family farm and herbal supplement manufacturer since 1994, we support regenerative practices that heal the land and water and sequester carbon to ensure that pure, potent herbal medicine is available today and for future generations. Peace.

Free from: Gluten, dairy and soy allergens.

**CAUTION:** Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



\*Product verified non-GMO by SGS. FAMILY FARM



SINCE 1994

Nettle

RESPIRATORY SUPPORT

includes freeze-dried stinging hairs

Suggested Use: As an herbal supplement, take two capsules twice daily or as directed by your healthcare professional. A dose of four capsules may be required for best results. Do not exceed recommended dose.

WARNING: If you have never taken Nettles and are prone to allergies, it is recommended to take one capsule and wait 24 hours before using the suggested dose.

Supplement Facts

Serving Size: 2 capsules Servings Per Container: 45

**Amount Per Serving** 

Nettle (freeze-dried) tops including stinging hairs (Urtica dioica)

†Daily Value not established

Other Ingredients: Pullulan (plant sourced) capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest Redmond, OR 97756 USA

actual size

600 mg<sup>†</sup>