

SURGEXMP

Xtreme Muscle Performance

- ★ ANS SURGE is an Explosive Pre-Workout Formula designed for Energy, Focus, Pump, Strength, and Intensity.
- ★ The Hydrosoluble ATP Volumizing Blend is delivered into your system quickly, allowing for Maximum absorption and ATP-supporting actions.
- ★ Our Nitric Oxide blend promotes a dramatic "pump" with L-Arginine AKG combined with the Waxy Maize Nutrient Delivery System by transporting blood flow into the muscle for Maximum Cell Volumization, Vascularity and Size.
- ★ The patented CarnoSyn® Beta-Alanine helps increase the working capacity of muscle to delay fatigue during workouts for Maximum endurance.
- ★ Add in the Amino Recovery Complex with L- Glutamine, Taurine, and Glycine and you have the most comprehensive Pre-Workout Supplement available!



Suggested Use: Take 1 serving of **SURGE** daily with 4 to 8 ounces of water or your favorite juice (30 minutes before workout). For enhanced results, **SURGE** may be taken with **PowerMaxx**, **Post BCAA**, **DAA Test 5**, or **Test D-Aspartic**.

WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. This product is intended for use by healthy individuals only. Do not use this product if you are pregnant or nursing or have any medical condition.
KEEP OUT OF REACH OF CHILDREN.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured exclusively for and distributed by:

ANS

ADVANCED NUTRITION SYSTEMS, LLC
Greenville, SC 29607
1.888.247.LEAN
www.advanced247.com

ANS ANS ANS ANS ANS ANS ANS

**EXPLOSIVE
ENERGY & FOCUS***

**POWERFUL NITRIC
OXIDE DELIVERY***

**ENHANCED CREATINE
VOLUMIZING BLEND***

SURGEXMP

ULTRA GROWTH PRE-WORKOUT

DIETARY SUPPLEMENT

PINEAPPLE

NET WT. 690 g (1.52 lbs)

Supplement Facts

Serving Size: 1 Scoop (23g) Servings Per Container: 30

Amount Per Serving		
Calories: 28	Calories from Fat: 0	% Daily Value*
Total Fat	0 g	0 %
Saturated Fat	0 g	0 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	9 g	4 %
Dietary Fiber	0 g	0 %
Sugars	6 g	**
Protein	0 g	0 %

Proprietary Blend 21,079 mg.

Nitrovascular Blend 5020 mg (5g)

Arginine AKG, Citrulline Malate 1:1, CarnoSyn® Beta Alanine, Arginine Base, DiArginine Malate, L-Norvaline

ATP Volumizing Blend 3010 mg (3g)

Creatine (Kre-Alkalyn®), Magnesium Creatine-Chelate (Magna-Power®), Creatine Mono, Creatine HCL

Extreme Energy Blend 1976 mg (2g)

Taurine, Caffeine Anhydrous (295 mg), R-Beta-Methylphenylethylamine, N-Acetyl-L-Tyrosine, Methylsynephrine, Kola Nut, Mucuna Pruriens

Amino Recovery Blend 11,073 mg (11g)

Waxy Maize, Maltodextrin, L-Glutamine, L-Leucine, L-Histidine, Ornithine AKG, L-IsoLeucine, L-Valine, Amla Extract

*Percent Daily Values (DV) are based on a 2000 calorie diet.
**Daily Value (DV) not established.

Other Ingredients: Citric Acid, Artificial and Natural Fruit Flavors, Sucralose, Acesulfame-Potassium, Silicon Dioxide

Caution: This product contains caffeine. Use caution when using with any other caffeinated products or if you are caffeine-sensitive. This product is not recommended for anyone under the age of 18. Also see warning below.

Allergen Warning: Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.



Kre-Alkalyn® is a registered trademark of All American® Pharmaceutical and Natural Foods Corp. Kre-Alkalyn® is a US-patented product registered to All American® Pharmaceutical (US patent #6,399,661). International and additional US patents pending. All rights reserved. Creatine Magna-Power® is a registered trademark of Albion Laboratories, Inc., covered by U.S. patent 6,314,379. CarnoSyn® is a registered trademark of Natural Alternatives International (NAI), covered by U.S. patents 5,965,596, 6,172,098, 6,426,361, 6,680,294.

PRINTER:
Please Insert UPC:
859582001338

Lot #, Expir date

Setting may occur.