

Organic to our roots

As certified organic farmers since 1994, our regenerative practices heal the land and water and sequester carbon from the atmosphere, while ensuring that pure, potent herbal medicine is available today and for future generations. Peace.

Free from: Gluten, dairy and soy allergens.

CAUTION: Do not take if sensitive to peanuts or chickpeas. Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant. Discontinue use if unusual symptoms occur.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



‡Product verified non-GMO by SGS.

GF

90 vegan capsules



FAMILY FARM

Wild Harvest

SINCE 1994

Made with Organic Herb

Fenugreek

SUPPORTS LACTATION IN NURSING MOTHERS*

Suggested Use: As an herbal supplement, take one capsule three times daily or as directed by your healthcare professional. Do not exceed recommended dose.

Capsules are filled by weight, not by volume.

Supplement Facts

Serving Size: 3 capsules

Servings Per Container: 30

Amount Per Serving

Organic Fenugreek seed (<i>Trigonella foenum-graecum</i>)	1500 mg†
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†Daily Value not established

Other Ingredients: Pullulan (plant sourced) capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest
Redmond, OR 97756 USA

Certified Organic by Oregon Tilth



actual size

oregonswildharvest.com 800-316-6869