

Organic to our roots

As certified organic farmers since 1994, our regenerative practices heal the land and water and sequester carbon from the atmosphere, while ensuring that pure, potent herbal medicine is available today and for future generations. Peace.

Free from: Gluten, dairy and soy allergens.

CAUTION: Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



‡Product verified non-GMO by SGS.

FAMILY
FARM



SINCE
1994

Made with Organic Herb

Cascara Sagrada

HELP TO IMPROVE
BOWEL FUNCTION*

GF

90 vegan capsules



Suggested Use: As an herbal supplement, take one to two capsules daily as needed, preferably at bedtime, for relief of occasional constipation* or as directed by your healthcare professional. Anthraquinone containing substances usually produce a soft to semi-fluid stool 6-12 hours after ingestion. It is best to start with one capsule and increase to two, if needed, to get results. Not for long-term use in excess of eight days. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 90

Amount Per Serving

Organic Cascara Sagrada bark (<i>Rhamnus purshiana</i>)	350 mg†
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†Daily Value not established

Other Ingredients: Pullulan (plant sourced) capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest
Redmond, OR 97756 USA

Certified Organic
by Oregon Tilth



actual size