

Organic to our roots

Certified organic since 1994, our regenerative practices heal the planet while providing potent herbs today and for future generations.

Free from: Gluten, dairy and soy allergens.

CAUTION: Excessive consumption may impair ability to drive or operate heavy machinery. Keep out of reach of children. Do not take if pregnant or nursing. If taking medication consult a healthcare professional before use. Discontinue use if unusual symptoms occur.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Lot No./Best by:

R11

NON
GMO



ORGANIC

Valerian

WISHING YOU
SWEET DREAMS*

extract

1 fl. oz. (30 ml)



Suggested Use: Take 1 mL three times daily in warm water or juice, or 3 mL before bedtime or as directed by your healthcare professional. 1 mL = approx. 40 drops. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 mL

Servings Per Container: 30

Amount Per Serving

Fresh Organic Valerian root (<i>Valeriana officinalis</i>)	1000 mg [†]
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[†]Daily Value not established

Other Ingredients: Organic alcohol.

Alcohol Content: Not more than 60%

Manufactured by Oregon's Wild Harvest
in Redmond, OR 97756 USA • 800-316-6869
oregonswildharvest.com

Certified Organic by Oregon Tilth 
Shake well. Store upright in a cool, dry place.