

## Organic to our roots

Certified organic since 1994, our regenerative practices heal the planet while providing potent herbs today and for future generations.

**Free from:** Gluten, dairy and soy allergens.

**CAUTION:** Keep out of reach of children. Do not take if pregnant or nursing. If taking medication consult a healthcare professional before use. Discontinue use if unusual symptoms occur.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Lot No./Best by:

R11



**ORGANIC**

# Ashwagandha

**HELPS THE BODY  
ADAPT TO STRESS\***

extract

1 fl. oz. (30 ml)



**Suggested Use:** Take 1 mL twice daily in warm water or with food or as directed by your healthcare professional. 1 mL = approx. 40 drops. Do not exceed recommended dose.

### Supplement Facts

**Serving Size: 1 mL**

**Servings Per Container: 30**

#### Amount Per Serving

Fresh Organic Ashwagandha root ( <i>Withania somnifera</i> )	1000 mg†
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†Daily Value not established

Other Ingredients: Organic alcohol.  
Alcohol Content: Not more than 75%

Manufactured by Oregon's Wild Harvest  
in Redmond, OR 97756 USA • 800-316-6869  
[oregonwildharvest.com](http://oregonwildharvest.com)

Certified Organic by Oregon Tilth



Shake well. Store upright in a cool, dry place.