

DIRECTIONS

Mix 1 scoop of Pump N Grow with 8-10 fl. oz. of water, 15 minutes prior to exercise.

BENEFITS

- ▶ **4G OF L-CITRULLINE** to promote nitric oxide production and increase muscle pumps.*
- ▶ **2G OF BETAINE ANHYDROUS** to promote liver health, improve athletic performance, and support protein synthesis.*
- ▶ **1.5G OF BETA-ALANINE** to enhance performance by increasing endurance and decreasing occasional muscle fatigue.*
- ▶ **1G OF L-ARGININE** to support protein synthesis, production of nitric oxide, and normal, healthy blood flow.*
- ▶ **NATURAL ELECTROLYTES** to support hydration.*

WARNING: Not intended for anyone under the age of 18. If you are nursing, pregnant, taking medication or have a medical condition, consult your physician before taking this product.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY & DARK PLACE.**



WARNING: Consuming this product can expose you to chemicals including lead which is known by the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

30
SERVINGS

ANABOLIC WARFARE

PUMP N GROW

PUMP + ENDURANCE ACTIVATOR



INCREASE
Muscle Pumps*



IMPROVE
Endurance*



STIMULANT
Free

OPERATION 03

NATURALLY AND ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT. 12.59 OZ (357 G)

Supplement Facts

Serving Size: 1 Scoop (11.9g)
Servings Per Container: 30

	Amount Per Serving	% DV
Potassium (from Nitrosigine®)	20 mg	<1%
L-Citrulline Malate 3:1	4000 mg	†
Betaine Anhydrous	2000 mg	†
Beta-Alanine	1500 mg	†
Highly Branched Cyclic Dextrin (Cluster Dextrin®)	1000 mg	†
L-Arginine Pyroglutamate	1000 mg	†
Inositol-Stabilized Arginine Silicate (Nitrosigine®) [std. to 40% Arginine]	500 mg	†

† Daily Value (DV) Not Established

Other Ingredients: Silicon Dioxide, Natural and Artificial Flavors, Citric Acid, Sucralose, Acesulfame Potassium.

MANUFACTURED FOR & DISTRIBUTED BY:

ANABOLIC WARFARE
AUSTIN, TX • 888.301.4002



Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.

Nitrosigine® Nitrosigine®, including the Nitrosigine® logo, is a trademark of Nutrition 21, LLC. Nitrosigine® is patent protected.

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