

DIRECTIONS

Mix 1 scoop of Maniac with 8-10 fl. oz. of water, 15 minutes prior to exercise. Do not take within 4 hours prior to bedtime.

BENEFITS

- 3G OF L-CITRULLINE to promote nitric oxide production and increase muscle pumps.*
- 3G OF BETA-ALANINE to enhance performance by increasing endurance and decreasing muscle fatigue.*
- 2G OF BETAINE ANHYDROUS to promote liver health, improve athletic performance, and support protein synthesis.*
- 400MG OF CAFFEINE to increase energy & focus.*
- LION'S MANE to support cognition, memory, and concentration.*
- NATURAL ELECTROLYTES to support hydration.*

WARNING: Not intended for anyone under the age of 18. If you are nursing, pregnant, taking medication or have a medical condition, consult your physician before taking this product.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY & DARK PLACE.



WARNING: Consuming this product can expose you to chemicals including lead which is known by the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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SERVINGS

ANABOLIC WARFARE

MANIAC

INTENSE PRE-WORKOUT



MAXIMIZE
Muscle Pumps*



ENHANCE
Muscle Hypertrophy*



INCREASE
Energy & Focus*

APPLE AMBUSH

NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT. 13.4 oz (380 g)

Supplement Facts

Serving Size: 1 Scoop (15.2g)
Servings per Container: 25

	Amount Per Serving	%DV
Choline (as Choline Bitartrate)	300 mg	55%
Sodium	60 mg	3%
Potassium	30 mg	<1%
L-Citrulline (2:1)	3000 mg	†
Beta-Alanine	3000 mg	†
Betaine Anhydrous	2000 mg	†
L-Tyrosine	1000 mg	†
Inositol-Stabilized Arginine Silicate (Nitrosigine®) (std. to 40% Arginine)	750 mg	†
L-Theanine	350 mg	†
Caffeine Anhydrous	325 mg	†
Lion's Mane (Hericium erinaceus) Fruiting Body Powder	300 mg	†
N-Acetyl-L-Tyrosine	250 mg	†
Theobromine	150 mg	†
Infenergy™ (as Di-Caffeine Malate)	75 mg	†
Green Tea (Camellia sinensis) Leaf Extract (50% Polyphenols, 25% Catechins, 15% EGCG)	30 mg	†
Rauwolfia vomitoria Root Extract (std. to 90% Rauwolfosidine)	1 mg	†
Yohimbine HCL	1 mg	†
Toothed Clubmoss (Huperzia serrata) Aerial Extract	100 mcg	†

† Daily Value (DV) Not Established

Other Ingredients: Erythritol, Natural and Artificial Flavors, Sucralose, Silicon Dioxide, Calcium Silicate, Salt, Acesulfame Potassium, FD&C Yellow #5, FD&C Blue #1

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Manufactured in a facility which processes Milk, Eggs, Fish, Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, and Sesame.

Nitrosigine® Nitrosigine®, including the Nitrosigine® logo, is a trademark of Nutrition 21, LLC. Nitrosigine® is patent protected.

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