

EVERYONE NEEDS A
BREATH OF FRESH AIR!

Suggested Use: Take two (2) capsules twice daily with food. Store in a cool, dry place.

Second Wind™ is a full-spectrum supplement that contains herbs and nutrients which may help support a healthy respiratory system and promote healthy pulmonary function.*

Please consult your healthcare practitioner before using any nutritional supplement, especially if you are taking medications on a regular basis, anticipate surgery, or are otherwise under medical supervision. Product not intended for use by children under 18 or women who are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Second Wind™

HERBAL RESPIRATORY
HEALTH FORMULA*

Dietary Supplement
120 Vegetable Capsules

Supplement Facts

Serving size: 2 vegetable capsules
Servings per container: 60

Amount Per Serving		%DV**
Licorice Root Extract	250 mg	†
N-Acetyl L-Cysteine	200 mg	†
Bromelain (from Pineapple Stem)	155 mg	†
English Ivy Extract (Leaf)	150 mg	†
Pleurisy Root Powder	150 mg	†
Fenugreek Extract (Seed)	100 mg	†
Horehound Extract (Whole Herb)	60 mg	†
Mullein Leaf Extract	50 mg	†
CoQ10	10 mg	†

**Percent Daily Value (%DV) based upon 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Hydroxypropyl Methylcellulose, Rice Flour, Silicon Dioxide, Magnesium Stearate.

Manufactured for:

Independent Vital Life, LLC

PO Box 3520 Cottonwood, AZ 86326

To Reorder Call: 800-218-1379 • www.IVL.com

