

Your BODY Needs BALANCE!

Suggested Use: Take one (1) capsule twice daily with food. Store in a cool dry place.

The nutrients contained in our **Gluco Harmony**® formula are based on ancient Ayurvedic traditional therapies which have been passed down for thousands of years. **Gluco Harmony's** blend of Ayurvedic botanical extracts can be used as part of your diet to help maintain healthy blood sugar levels already within the normal range.*



Please consult your healthcare practitioner before using any nutritional supplement, especially if you are taking medications on a regular basis, anticipate surgery, or are otherwise under medical supervision. Product not intended for use by children under 18 or women who are pregnant or lactating.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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GLUCO Harmony®

Blood Sugar Formula*

- Supports Insulin Secretion*
- Helps Maintain Glucose Levels*

Dietary Supplement | 60 Vegetable Capsules

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving		%DV
Gymnema sylvestre leaf extract (25% gymnemic acids)	250 mg	†
Bitter melon fruit extract (10:1) (<i>Momordica charantia</i>)	50 mg	†
Banaba leaf extract (1% Corosolic acid) (<i>Lagerstroemia speciosa</i>)	24 mg	†
Shilajit extract (8:1) (<i>Asphaltum</i>) (mineral pitch)	10 mg	†
Cassia bark powder (<i>Cinnamomum cassia</i>)	6.25 mg	†
Holy basil leaf extract powder (4:1) (<i>Ocimum sanctum</i>)	6.25 mg	†
Turmeric root extract (Standardized to 95% Curcuminoids) (<i>Curcuma longa</i> L.)	6.25 mg	†
Fenugreek seed powder (<i>Trigonella foenum graecum</i> L.)	2.5 mg	†

† Daily Value not established.

**Percent Daily Value (%DV) based upon 2,000 calorie diet.

Other Ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide.

Manufactured for: **Independent Vital Life, LLC**
PO Box 3520 Cottonwood, AZ 86326
To Reorder Call: 800-218-1379 • www.IVL.com



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