

Herbs That Work

From field to cup, we make sure our teas deliver the benefits of these amazing plants. To deliver consistent high quality teas, we source organically farmed or organically wild-collected herbs from ethical trading partnerships, seeking out medicinal-grade plants. Only a small fraction of the world's herb supply meets our high quality standards.



Learn more about our farming communities and the work of our foundation on our website.

traditionalmedicinals.com



Organic Cup of Calm[®]

Calming and Relaxing*

LAVENDER MINT

Caffeine Free

16 Wrapped Tea Bags

Herbal Supplement

NET WT .85 OZ (24g)



Supplement Facts

Serving Size 1 tea bag (makes 8 fl. oz.) Servings Per Container 16

	Amount Per Serving	%DV
Calories	0	
All Herbal Ingredients:		
Organic passionflower herb	180 mg	†
Organic chamomile flower	180 mg	†
Organic lavender flower	135 mg	†
Organic catnip herb	105 mg	†
Organic rosemary leaf	90 mg	†
Proprietary Blend:	810 mg	
Organic peppermint leaf		†
Organic spearmint leaf		†
Organic licorice root		†
Organic stevia leaf		†

† Daily Value (DV) not established.

Made By TRADITIONAL MEDICINALS

4515 Ross Road, Sebastopol, CA 95472 USA

Certified organic by CCOF

All Ingredients Certified Organic



Consult your healthcare practitioner prior to use if you are pregnant or breastfeeding. Do not use this product if you are allergic to plants in the daisy (Asteraceae) family.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RELAXATION WELLNESS

Organic Cup of Calm[®] LAVENDER MINT

Herbal Power

Calming and relaxing when you need it most.*



Taste

Softly floral with hints of lavender and mint.

Plant Story

This tea is like a quiet meditation—each sip is a step along an herbal journey around the world, with herbs from Europe to the Pacific Northwest. Our blend includes passionflower, chamomile, lavender and catnip, all known as “nervines” because they support the nervous system. Sip and unwind.

To Enjoy

POUR 8 oz. freshly boiled water over 1 tea bag.

COVER & STEEP for 10-15 min.

SQUEEZE tea bag to ensure maximum goodness.

ENJOY 2-3 cups per day.

