

## Herbs That Work

From field to cup, we make sure our teas deliver the benefits of these amazing plants. To deliver consistent high quality teas, we source organically farmed or organically wild-collected herbs from ethical trading partnerships, seeking out medicinal-grade plants. Only a small fraction of the world's herb supply meets our high quality standards.



Learn more about our farming communities and our work to create positive social impact at [traditionalmedicinals.com](http://traditionalmedicinals.com)

DAILY

HERBAL

ORGANIC

# Chamomile & Lavender

Caffeine Free

16 Wrapped Tea Bags

**Herbal Supplement**

NET WT. 8.5 OZ (24g)



## Supplement Facts

Serving Size 2 tea bags (makes 8 fl. oz.)

Servings Per Container 8

|                                | Amount Per Serving | %DV |
|--------------------------------|--------------------|-----|
| <b>Calories</b>                | <b>0</b>           |     |
| <b>All Herbal Ingredients:</b> |                    |     |
| Organic chamomile flower       | 1200 mg            | †   |
| Proprietary Blend:             | 1800 mg            |     |
| Organic lemon balm leaf        |                    | †   |
| Organic lavender flower        |                    | †   |

† Daily Value (DV) not established.

Made by **TRADITIONAL MEDICINALS**

4515 Ross Road, Sebastopol, CA 95472 USA

**Certified organic by CCOF. All Ingredients Certified Organic.**



**Do not use** this product if you are allergic to plants in the daisy (Asteraceae) family. **Consult your healthcare practitioner** prior to use if you are **pregnant or breastfeeding**.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DAILY HERBAL

ORGANIC

## Chamomile & Lavender

### HERBAL POWER

Settles your nervous system when stressed.\*

### TASTE

Delightfully floral with distinct lavender notes.

### PLANT STORY

Our herbalists blend this soothing, gentle and aromatic trio of herbs—chamomile, lavender and lemon balm—to help calm frazzled nerves and ease tension.\* High in essential oils, our herbs hail from organic farms, from Bulgaria's idyllic meadows to Egypt's fertile Nile Valley.

### TO ENJOY



**POUR**  
8 oz. freshly boiled water  
over 2 tea bags.



**COVER & STEEP**  
for 10 min.



**SQUEEZE & REMOVE**  
tea bag to ensure  
maximum goodness.

**ENJOY**  
3-4 cups per day.

