



- ✓ **Alleviates occasional symptoms of PMS and provides relief before, during and after that time of the month when used as directed***
- ✓ **Chasteberry supports hormone balance associated with a normal menstrual cycle***
- ✓ **L-Theanine helps support a balanced mood***
- ✓ **Magnesium and B6 help reduce bloating and water retention***
- ✓ **RECOMMENDED USE:**
For optimal results, take daily and continue for at least two cycles.



Gluten
Free



Dairy
Free



Soy
Free



period partner

L-THEANINE



CHASTEBERRY

- ✓ **helps relieve occasional premenstrual symptoms***
- ✓ **supports balanced mood***

DIETARY SUPPLEMENT

60 VEGETARIAN CAPSULES



Directions: For best results, take two (2) capsules once a day, with or without food.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		%DV
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2941%
Magnesium (as magnesium oxide)	250 mg	60%
L-Theanine	200 mg	***
Chasteberry (<i>Vitex agnus-castus</i>) Fruit Extract	100 mg	***
Dong Quai (<i>Angelica sinensis</i>) Root Extract	100 mg	***

***Daily Value (DV) not established.

Other ingredients: Capsule (hypromellose), microcrystalline cellulose, organic rice extract blend, and bamboo extract.

DISTRIBUTED BY: RENEW LIFE FORMULAS, LLC
DURHAM, NC 27701, USA

QUESTIONS OR COMMENTS? 1-800-830-1800 OR
WWW.RENEWLIFE.COM

Store at 77°F (25°C) or below.

Potency, quality and purity guaranteed through expiration.
KEEP OUT OF REACH OF CHILDREN.

Consult your physician prior to using this product if you are taking medication or have a medical condition. Not for use during pregnancy or lactation.

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OF GLOBAL INGREDIENTS.

ACTUAL SIZE
CAPSULE

TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL ON BOTTLE IS BROKEN OR MISSING.

science backed women focused

WE FORMULATE WITH



Potent
Botanical
Blend



Science
Backed
Ingredients



Quality
Guaranteed

**Vegetarian capsules
and a recyclable bottle.**

**Feeling gutsy for 25 years
and counting. Join us.**



**feel the
difference
or your
money back***

* Terms and conditions may apply. Call 1-800-830-1800.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.