

Specialized Nutrition for Active Adults Featuring Lycopene & Lutein – Compatible with Many Prescription Medications

Active Senior™ SafeGuard™ Multivitamin delivers iron-free comprehensive nutrition to promote the vibrant health of active adults, featuring:

- **Research-Based Multivitamin Protection**—customized to go beyond the minimal support afforded by 100% of the Daily Values including a high-potency B-complex for energy production and brain health.*
- **Extra Antioxidant Protection**—from 1,000 mcg lutein and 500 mcg lycopene.
- **Gentle Digestive Support**—from a nourishing blend of energizing green foods, including wholesome vegetable juice extracts, plus plant-source enzymes.

SUGGESTED USAGE: Adults age 55 and over, take one gentle-on-the-stomach tablet daily, with or between meals.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose, wheat, gluten or yeast. **SafeGuard™** screened for common nutrient contraindications: no added iron for most men and post-menopausal women, PABA for sulfa medication, vitamin K for blood thinning medication, iodine for thyroid concerns and copper contraindicated for cancer patients and survivors. **CAUTION:** consult a health care professional prior to use if taking any medication.

Formulated & distributed by
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◆ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW
L I G H T®



Active Senior™
SafeGuard™ Multivitamin

Feel the Difference

- **Potent & Science-Safe**
- **Gentle on the Stomach**
- **Guaranteed 100% Natural**

90 Multivitamin Supplement Tablets

Supplement Facts

Serving Size 1 Tablet

One Tablet Provides	%DV	One Tablet Provides	%DV
Vitamin A (50% Beta-Carotene, 50% Palmitate)-----	5,000 IU --100%	Potassium (Citrate)-----	10 mg <1%
Vitamin C (Ascorbic Acid)-----	120 mg --200%	Lemon Bioflavonoids-----	25 mg ----*
Vitamin D3 (Cholecalciferol)-----	400 IU --100%	Choline (Bitartrate)-----	30 mg ----*
Vitamin E (d-alpha Tocopheryl Succinate)-----	100 IU --333%	Inositol-----	10 mg ----*
Thiamin (Vitamin B-1)-----	10 mg --667%	Boron (Glycinate)-----	1 mg ----*
Riboflavin (Vitamin B-2)-----	10 mg --588%	Nourishing Vitality Blend	
Niacinamide (Vitamin B-3)-----	30 mg --150%	4:1 Vegetable	
Pyridoxine (Vitamin B-6)-----	15 mg --750%	Juice Extract-----	50 mg ----*
Folic Acid-----	800 mcg --200%	(equivalent to 200 mg vegetable powder)	
Cyanocobalamin (Vitamin B-12)-----	200 mcg --3333%	Kale, Spinach, Dandelion Greens, Beet	
Biotin-----	150 mcg --50%	Organic Spirulina-----	20 mg ----*
Pantothenic Acid (Vitamin B-5)-----	20 mg --200%	Rosemary [leaf]	
Calcium (Carbonate)-----	200 mg --20%	Essential Oil-----	2 mg ----*
Magnesium (Oxide)-----	100 mg --25%	Lutein (Esters)-----	1,000 mcg ----*
Zinc (Citrate)-----	15 mg --100%	Lycopene (from Tomato Extract)-----	500 mcg ----*
Selenium (Amino Acid Chelate, Selenomethionine)-----	200 mcg --286%	Gentle Digestive Support	
Manganese (Citrate)-----	2 mg --100%	Protease-----	664 HUT ----*
Chromium (Amino Nicotinate)-----	200 mcg --167%	Amylase-----	226 DU ----*
Molybdenum (Amino Acid Chelate)-----	100 mcg --133%	Lipase-----	2 LU ----*
		Cellulase-----	3 CU ----*
		Betaine HCl-----	20 mg ----*

*Daily Value (DV) not established.

Other Ingredients (all natural mineral and plant-based): cellulose, modified cellulose gum, stearic acid (vegetable), silica, magnesium stearate. Coating: vegetable food glaze.