

# BEYOND HEALTH®

HELPING YOU GET WELL AND STAY WELL

## MULTI-VITAMIN

SIX PATHWAYS • ONE DISEASE® • TWO CAUSES

DIETARY SUPPLEMENT  
180 TABLETS

## SUPPLEMENT FACTS

Serving size: 2 Tablets

Serving per container: 90

| Amount per serving                                                               |               | % DV   |
|----------------------------------------------------------------------------------|---------------|--------|
| Vitamin A (as natural beta-carotene - 10,000 IU)                                 | 3,000 mcg     | 333%   |
| Vitamin C (from calcium, magnesium, & zinc ascorbate)                            | 275 mg        | 306%   |
| Vitamin D3 (cholecalciferol - 800 IU)                                            | 20 mcg        | 100%   |
| Vitamin E (from d-alpha tocopheryl succinate - 200 IU)                           | 134 mg        | 893%   |
| Vitamin K (98% as phytonadione (K1) and 2% as menaquinone-7 (K2))                | 510 mcg       | 425%   |
| Thiamin (Vitamin B1) (as thiamin HCl)                                            | 50 mg         | 4,167% |
| Riboflavin (Vitamin B2) (70% as riboflavin and 30% from riboflavin-5'-phosphate) | 50 mg         | 3,846% |
| Niacin (Vitamin B3) (70% as niacinamide and 30% as niacin)                       | 75 mg         | 469%   |
| Vitamin B6 (80% as pyridoxine HCl and 20% from pyridoxal-5'-phosphate)           | 100 mg        | 5,882% |
| Folate (as L-5-Methyltetrahydrofolate Calcium)                                   | 1,020 mcg DFE | 255%   |
| Vitamin B12 (as methylcobalamin)                                                 | 400 mcg       | 1,667% |
| Biotin                                                                           | 500 mcg       | 1,667% |
| Pantothenic acid (from Ca pantothenate)                                          | 100 mg        | 2,000% |
| Choline (from choline bitartrate)                                                | 100 mg        | 18%    |
| Calcium (from Ca citrate and ascorbate)                                          | 50 mg         | 4%     |
| Magnesium (from Mg malate and ascorbate)                                         | 100 mg        | 24%    |
| Zinc (from zinc citrate, picolinate, ascorbate)                                  | 25 mg         | 227%   |
| Selenium (from L-selenomethionine)                                               | 75 mcg        | 136%   |
| Copper (from Cu citrate and sebacate)                                            | 2 mg          | 222%   |
| Manganese (from Mn citrate)                                                      | 2 mg          | 87%    |
| Chromium (from chromium polynicotinate)                                          | 200 mcg       | 571%   |
| Molybdenum (as Mo citrate)                                                       | 150 mcg       | 333%   |
| Potassium (as K citrate)                                                         | 99 mg         | 2%     |
| Inositol (pure crystalline - dextrose free)                                      | 200 mg        | †      |
| Betaine HCl                                                                      | 50 mg         | †      |
| Quercetin (from sophora japonica bud extract)                                    | 50 mg         | †      |
| High Gamma Mixed Tocopherols                                                     | 10 mg         | †      |
| VinCare™ Whole Grape Extract (Vitis vinifera) (pulp, skin, and seed)             | 10 mg         | †      |
| Boron (from boron glycinate, citrate, and aspartate)                             | 2 mg          | †      |
| Octacosanol (from rice bran extract)                                             | 500 mcg       | †      |
| Vanadium (from Bis-Oxo Glycinate Vanadium) (BOGV)                                | 100 mcg       | †      |

† Daily Value (DV) not established.

**Other ingredients:** Microcrystalline Cellulose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, and Pharmaceutical Glaze.

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\*This product has not been evaluated by the Food and Drug Administration and is not intended to diagnose, cure, or prevent any disease.

## WORLD CLASS SUPPLEMENTS

**Suggested Use:** As a dietary supplement, take two tablets daily. Preferably take one (1) tablet with a morning meal and take one (1) with an evening meal or as directed by your health professional. **Best if taken with meals.**

**KEEP OUT OF REACH OF CHILDREN.** Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing.

**DOES NOT CONTAIN:** wheat, rye, oats, corn, barley, gluten, soy, egg, dairy, yeast, sugar, preservatives, colorings, or artificial flavorings.

## NO GMO'S

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