

BEYOND HEALTH[®]

HELPING YOU GET WELL AND STAY WELL

MAGNESIUM



DIETARY SUPPLEMENTS
100 CAPSULES

SUPPLEMENT FACTS

Serving size: 1 Veggie Capsule

Servings per Container: 100

| Amount per serving | | % DV |
|--|--------|------|
| Thiamin (from thiamin HCl and thiamin diphosphate) | 10 mg | 667% |
| Riboflavin (from riboflavin and riboflavin 5'-phosphate) | 10 mg | 588% |
| Vitamin B-6 (from pyridoxal 5'-phosphate) | 5 mg | 250% |
| Magnesium (from Mg malate, Mg glycinate, and Mg carbonate) | 100 mg | 25% |
| Manganese (from Mn glycinate) | 5 mg | 250% |
| <hr/> | | |
| Malic Acid (from Mg malate) | 300 mg | † |

†Daily value not established

OTHER INGREDIENTS: glycine, HPMC (veggie cap), microcrystalline cellulose, and silica.

DIRECTIONS: As a dietary supplement, take 1 or more capsules daily with food or as directed by your health professional.

KEEP OUT OF REACH OF CHILDREN
STORE IN A COOL, DRY PLACE

WORLD CLASS[®] SUPPLEMENTS

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing.

DOES NOT CONTAIN: wheat, rye, oats, barley, gluten, soy, egg, dairy, shellfish, yeast, sugar, wax, preservatives.

Distributed by:
Beyond Health International
6555 Powerline Road, #101
Fort Lauderdale, FL 33309
800-250-3063
www.beyondhealth.com
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