

BEYOND HEALTH[®]

HELPING YOU GET WELL AND STAY WELL

B-COMPLEX



DIETARY SUPPLEMENTS
200 CAPSULES

SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings per container: 200

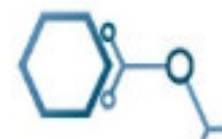
Amount per serving		% DV
Vitamin B-1 (from thiamin HCl)	50 mg	3,333%
Vitamin B-2 (20% from riboflavin-5'-Phosphate & 80% as riboflavin)	50 mg	2,941%
Vitamin B-3 (as niacinamide)	100 mg	500%
Vitamin B-6 (20% from pyridoxal-5'-phosphate and 80% from pyridoxine HCl)	50 mg	2,500%
Folate (from calcium folinate and from 5-MTHF)	500 mcg	125%
Vitamin B-12 (from methylcobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic acid (as calcium pantothenate)	50 mg	500%
Choline (from bitartrate)	50 mg	*
Inositol	50 mg	*

*Daily Value not established

OTHER INGREDIENTS: Microcrystalline cellulose, HPMC (veggie capsule), magnesium silicate, silica.

DIRECTIONS: As a dietary supplement, take one (1) capsule daily with a meal, or as directed by a health care professional.

This product has not been evaluated by the Food and Drug Administration and is not intended to diagnose, cure, or prevent any disease.



WORLD CLASS[®] SUPPLEMENTS

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing.

DOES NOT CONTAIN: wheat, rye, oats, barley, gluten, soy, egg, dairy, shellfish, yeast, sugar, wax, preservatives, colorings, or artificial flavorings.

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