

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

VALERIAN ROOT

1,200 mg**



DNA TESTED



GLUTEN FREE
NON GMO

NT3110
B3110H

HERBAL
SUPPLEMENT

90 QUICK RELEASE
CAPSULES



Supplement Facts

Serving Size: 1 Quick Release Capsule
Servings Per Container: 90

Amount Per Serving	%Daily Value
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Valerian Root Proprietary Blend	1,200 mg (1.2 g) *
Valerian Root (<i>Valeriana officinalis</i>) (from 10:1 extract)	
Valerian Root (<i>Valeriana officinalis</i>)	

*Daily Value not established.

OTHER INGREDIENTS: Rice Powder, Gelatin Capsule, Vegetable Magnesium Stearate.

**Equivalent from a proprietary blend of Valerian Root 10:1 extract and Valerian Root Powder.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TRADITIONALLY USED TO
SUPPORT RELAXATION
AND CALMNESS†

CERTIFIED
AUTHENTIC TRU-ID®

DIRECTIONS: For adults, take one (1) quick release capsule daily, preferably 30 minutes before bedtime or rest.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
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