



Spice up your day with our Organic Turmeric Powder! Known for its rich, deep yellow color, Turmeric is a flavorful spice native to south and southeastern Asia. It is a member of the ginger family, and bears long, dark green leaves that sprout from a brightly colored yellow-orange system of roots, or rhizomes. Turmeric's rhizomes have seen a wide range of use, from culinary applications as a spice (giving curry its signature color) to Hindu religious ceremonies and folk wellness practices.

 Simply mix into a smoothie, yogurt or create your own shake to jump-start your day.

 Mix with water or juice to give you extra nutrition needed to get through the afternoon or evening.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

WARNING: This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov.

†This product is packaged and sold by weight, not by volume. Some settling may occur. Scoop inside is for convenience only, not for exact measuring.

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NATURE'S TRUTH®

ORGANIC TURMERIC POWDER

CURCUMA LONGA

MADE WITH
PURE & NATURAL
ORGANIC INGREDIENTS



NATURE'S MOST
IMPORTANT SPICE



Net Wt. 7 oz. (198 g)

Dietary Supplement



DIRECTIONS: For adults, mix approximately one (1) heaping scoop (5 g) daily into water, tea, your favorite savory recipes, or use to make a glass of "Golden Milk".

Supplement Facts

Serving Size: Approx. 1 Heaping Scoop (5 g)
Servings Per Container: About 39

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	4%**
Organic Turmeric (<i>Curcuma longa</i>) (root)	5,000 mg (5 g)	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Ingredient: Certified Organic Turmeric (*Curcuma longa*) Root.

NO

Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO • VEGETARIAN FORMULA • DNA TESTED
CERTIFIED AUTHENTIC TRU-ID

