



NATURE'S TRUTH®

VITAMINS

Triple

OMEGA 3-6-9
FISH, FLAX, BORAGE

3,600 mg PER SERVING

PURIFIED TO
ELIMINATE MERCURY



NT1020
B1020 F

DIETARY
SUPPLEMENT

60 QUICK RELEASE
SOFTGELS



MAY REDUCE THE RISK OF
CORONARY HEART DISEASE†

Supplement Facts

Serving Size: 3 Quick Release Softgels Servings Per Container: 20

Amount Per Serving	%Daily Value
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Calories	30
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Total Fat	3.5 g 4%**
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Saturated Fat	0.5 g 3%**
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Polyunsaturated Fat	2 g *
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Monounsaturated Fat	1 g *
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Fish Oil	1,200 mg (1.2 g) *
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Typical Fatty Acid Profile:	
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Omega-3 Eicosapentaenoic Acid (EPA)	16-22% *
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Omega-3 Docosahexaenoic Acid (DHA)	10-14% *
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Flaxseed Oil	1,200 mg (1.2 g) *
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Typical Fatty Acid Profile:	
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Omega-3 Alpha-Linolenic Acid (ALA)	40-60% *
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Omega-6 Linoleic Acid (LA)	12-18% *
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Omega-9 Oleic Acid (OA)	12-18% *
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Borage Oil	1,200 mg (1.2 g) *
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Typical Fatty Acid Profile:	
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Omega-6 Linoleic Acid (LA)	30-40% *
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Omega-6 Gamma-Linolenic Acid (GLA)	19-26% *
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Omega-9 Oleic Acid (OA)	12-18% *
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*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Vegetable Glycerin.
Contains fish (anchovy, mackerel, sardine) ingredients.

DIRECTIONS: For adults, take three (3) quick release softgels daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

†Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO

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