

## NATURE'S TRUTH®

NEW & IMPROVED

## Super CEYLON CINNAMON 2,500 mg\*\* PER SERVING

BIOTIN & CHROMIUM



DIETARY

60 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 30

**Amount Per Serving** %Daily Value Biotin (as d-Biotin) 1,000 mcg 3,333% 800 mcg 2,286% Chromium (as Chromium Picolinate)

Ceylon Cinnamon 2,500 mg (2.5 g) (Cinnamomum verum) (bark) (from 250 mg of 10:1 extract)

\*Daily Value not established.

OTHER INGREDIENTS: Rice Powder, Vegetarian Capsule, Vegetable Magnesium Stearate, Silica.

\*\*Equivalent from 250 mg of 10:1 extract per serving.

DIRECTIONS: For adults, take two (2) vegetarian capsules daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur. immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO • VEGETARIAN FORMULA

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**HIGH POTENCY FORMULA** 

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SUPPLEMENT