

Rapid Release
MELATONIN
SOFTGELS

10 mg
ADVANCED
DELIVERY TECHNOLOGY

DIRECTIONS: For adults, take one (1) rapid release liquid softgel 30 minutes before bedtime as Melatonin may produce drowsiness.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by
Nature's Truth LLC
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100% SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

Rapid Release
MELATONIN
SOFTGELS

10 mg

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DELIVERY
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GLUTEN FREE
NON GMO



DIETARY
SUPPLEMENT

120 RAPID RELEASE
LIQUID SOFTGELS

Rapid Release
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Nature's Truth® Rapid Release Melatonin Softgels provide the support you need for restful, relaxing sleep and occasional sleeplessness.† Utilizing advanced technology, these rapid release softgels are easy to swallow and facilitate the quick release of Melatonin into your system, so you can begin reaping its benefits at once.

Melatonin is a hormone naturally produced by the pineal gland that plays an important role in your body's natural sleep cycle.† Each Rapid Release Melatonin Softgel delivers an extra strength 10 mg dose and is ideal for travelers feeling the effects of jet lag, those experiencing occasional sleeplessness, or anyone who'd like some fast-acting support for rest and relaxation.†

EXTRA STRENGTH NIGHTTIME
AID FOR OCCASIONAL
SLEEPLESSNESS†

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Supplement Facts

Serving Size: 1 Rapid Release Liquid Softgel
Servings Per Container: 120

Amount Per Serving	%Daily Value
Melatonin	10 mg *

*Daily Value not established.

OTHER INGREDIENTS: Sunflower Oil and/or Safflower Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax, Sunflower Lecithin, Titanium Dioxide Color.

NON-GMO

NO

Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener, Preservatives.