

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

Norwegian

COD
LIVER OIL

with EPA/DHA

GLUTEN FREE
NON GMO

DIETARY
SUPPLEMENT

100 QUICK RELEASE
SOFTGELS

Supplement Facts

Serving Size: 1 Quick Release Softgel
Servings Per Container: 100

Amount Per Serving	%Daily Value	
Cholesterol	<5 mg	<1%
Vitamin A (as Retinyl Palmitate)	375 mcg	42%
Vitamin D (as D3 Cholecalciferol)	3.3 mcg (135 IU)	17%
Norwegian Cod Liver Oil	415 mg	*
Typically Contains:		
EPA (Eicosapentaenoic Acid) (Naturally Occurring)	29 mg	*
DHA (Docosahexaenoic Acid) (Naturally Occurring)	27 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Gelatin, Vegetable Glycerin.

Contains fish (cod) ingredients.

GOOD SOURCE OF VITAMINS A & D
PURIFIED TO ELIMINATE MERCURY
AND OTHER HEAVY METALS

DIRECTIONS: For adults, take one (1) quick release softgel one to four times daily, preferably with meals.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose,
Artificial Color, Artificial Flavor,
Artificial Sweetener, Preservatives

NON-GMO

Carefully Manufactured by
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PLEDGE
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