

100%  
QUALITY

SATISFACTION  
GUARANTEE

NATURE'S TRUTH®

VITAMINS

# MCT OIL

MEDIUM CHAIN TRIGLYCERIDES

**3,600 mg** PER SERVING

Contains Caprylic  
& Capric Acid



NT 14293  
B14290 B

DIETARY  
SUPPLEMENT

**100** QUICK RELEASE  
SOFTGELS



**SUPPORTS YOUR HEALTH  
& FITNESS GOALS†**

## Supplement Facts

Serving Size: 3 Quick Release Softgels  
Servings Per Container: About 33

Amount Per Serving	%Daily Value	
Calories	35	
Total Fat	3.5 g	4%**
Saturated Fat	3.5 g	18%**
Medium Chain Triglyceride (MCT) Oil (from coconut and/or palm kernel)	3,600 mg (3.6 g)	*
Caprylic Acid	55-65%	*
Capric Acid	35-45%	*

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Vegetable Glycerin.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** For adults, take three (3) quick release softgels two times daily, preferably with meals.

**WARNING:** If you are pregnant, nursing, taking any medications, or have any medical condition, consult your doctor before use. Taking too much, especially on an empty stomach, can result in a stomach ache or diarrhea. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dark, dry place.

**NO** Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

**NON-GMO**

Carefully Manufactured by  
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