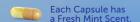
PREMIUM INGREDIENTS

- Vegetarian Omega-3 DHA for brain health*
- Vitamin C. B6, and Zinc for immunity'
- Folate as L-methylfolate for heart health*
- Vitamin D as D3 for bones*
- Vitamin B12 as methylcobalamin supports energy metabolism⁵
- Vitamin A for eye health*
- Biotin to help maintain healthy hair, skin, and nails*
- Vitamin E, an antioxidant*





MEN'S FORMULA



Multivitamin with Omega-3 DHA Fruit & Vegetable Blend

20 essential nutrients in 1 easy-to-swallow capsule

Directions: Adult men, take 1 capsule daily with food

Supplement Facts

Serving Size 1 Capsule	
Amount Per Capsule % D	aily Valu
Vitamin A (as 50% beta-carotene, retinyl palmitate) 450 mcg	50%
Vitamin C (as ascorbic acid) 70 mg	78%
Vitamin D (as cholecalciferol) 50 mcg (2000 IU)	250%
Vitamin E (as d-alpha-tocopherol from sunflower oil) 12 mg	80%
Vitamin K (as phylloquinone) 24 mcg	20%
Thiamin (as thiamin mononitrate) 1.6 mg	133%
Riboflavin 1.5 mg	1159
Niacin (as inositol niacinate) 4 mg	25%
Vitamin B6 (as pyridoxal 5-phosphate) 2 mg	1189
Folate (as L-methylfolate, calcium salt) 400 mcg DFE	100%
Vitamin B12 (as methylcobalamin) 6 mcg	250%
Biotin 15 mcg	50%
Pantothenic Acid (as calcium D-pantothenate) 2.5 mg	50%
Choline (as choline bitartrate) 20 mg	49
lodine (as potassium iodide) 150 mcg	1009
Magnesium (as magnesium hydroxide) 8.4 mg	29
Zinc (as zinc citrate) 11 mg	100%
Selenium (as L-selenomethionine) 14 mcg	25%
Copper (as copper chelate) 0.72 mg	80%
Chromium (as chromium picolinate) 25 mcg	719
Omega-3 DHA (docosahexaenoic acid from algal oil) 100 m	g *
Inositol (as inositol niacinate) 1 mg	**
SmartyPants Fruit & Vegetable Blend [†] 100 mg	*1
Apple Fiber (pomace)*, Acai (Enterpe oleracea, fruit juice)*, Beet (i Kale (Brassica oleracea var. acephala, leaf)*, Raspberry (fruit)*, Sp (leaf)*, Tomato (fruit)*, Banana (fruit)*, Blueberry (fruit)*, Carrot (roc	inach

** Daily Value not established.

Other Ingredients: Hypromellose (Vegetarian Capsule), Natural Flavor, Rosemary Extract, Mixed Tocopherols, Sunflower Lecithin, Sunflower Oil, Ascorbyl Palmitate.

†Adds a trivial amount of sugar, †Organic Ingredients Distributed by SmartyPants, Inc. Marina del Rey, CA 90292 USA.



Free of GMOs, sugar, synthetic colors, wheat, milk, eggs, soy, gluten, peanuts, tree nut allergens, fish, and shellfish.

EVERY BATCH 3RD PARTY LAB TESTED







WARNING: Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended daily serving.

Do not freeze, best stored at room temperature, Product may darken over time.

Manufactured in the USA from domestic and imported ingredients.

For Customer Support: 1-888-751-2291 Hoot@SmartyPantsCorp.com www.SmartyPantsVitamins.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

