

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

*High Absorption**

BUFFERED
MAGNESIUM
GLYCINATE

665 mg

GLUTEN FREE
NON GMO

NT 40185
B14500 E

DIETARY
SUPPLEMENT

60 QUICK RELEASE
CAPSULES



ESSENTIAL MINERAL

Supplement Facts

Serving Size: 1 Quick Release Capsule
Servings Per Container: 60

Amount Per Serving	%Daily Value
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Magnesium	120 mg	29%
(from 665 mg of Magnesium Glycinate Chelate Buffered-Magnesium Bisglycinate Chelate, Magnesium Oxide)		

OTHER INGREDIENTS: Gelatin Capsule, Rice Powder, Vegetable Magnesium Stearate, Silica.

*Compared to Magnesium Oxide alone

DIRECTIONS: For adults, take one (1) quick release capsule three times daily, preferably with meals.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
Nature's Truth LLC
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PLEDGE
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