

100%  
QUALITY

SATISFACTION  
GUARANTEE

NATURE'S TRUTH®

VITAMINS

Low Dose

MELATONIN

300 mcg

DRUG FREE

GLUTEN FREE  
NON GMO

120 TABLETS

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size 1 Tablet

Servings Per Container: 120

Amount Per Serving	% Daily Value
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Melatonin	300 mcg *
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\*Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Cellulose (Plant Origin), Crospovidone, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Silica.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HELPS WITH OCCASIONAL  
SLEEPLESSNESS SO YOU CAN  
WAKE UP FEELING REFRESHED†

**DIRECTIONS:** For adults, take one (1) tablet 30 minutes before bedtime as Melatonin may produce drowsiness.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

**NO** Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO • VEGETARIAN FORMULA

Carefully Manufactured by  
Nature's Truth LLC  
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