

100% DRUG FREE
FAMILY FRIENDLY

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DIRECTIONS: Nature's Truth[®] Melatonin Gummies are good for the whole family!

For teenagers and adults, take one (1) vegan gummy 30 minutes before bedtime as Melatonin may produce drowsiness. Do not exceed recommended dosage.

For children between the ages of 2 and 12, take one (1) vegan gummy 30 minutes before bedtime as Melatonin may produce drowsiness. For best results, allow your child to sleep for more than 6 hours. Take only as directed. Do not exceed recommended dosage. As a reminder, discuss the supplements and medications you take with your child's pediatrician.

WARNING: This product requires adult supervision and is not to be dispensed by children or teenagers. Not recommended for children under 2 years of age due to choking hazard. Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Do not drive, operate machinery or consume alcohol when taking this product. For occasional, short-term use only. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place. Avoid excessive heat.

To ensure quality through expiration, this product was manufactured with higher ingredient levels than the indicated amount per serving.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener.

NON-GMO • VEGAN FORMULA

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Nature's Truth LLC
Ranconkoma, NY 11779 USA
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1-844-544-1030
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NATURE'S TRUTH[®]

VITAMINS

LOW DOSE
MELATONIN
1 MG
GUMMIES



Natural Cherry
Pomegranate Flavor



60 VEGAN GUMMIES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegan Gummy
Servings Per Container: 60

Amount Per Serving	%Daily Value for Children 2 through 3 Years of Age	%Daily Value for Adults and Children 4 or more Years of Age
Calories	10	
Total Carbohydrate	2 g 1%***	<1%**
Total Sugars	2 g *	*
Includes 2g Added Sugars	8%***	4%**
Melatonin	1 mg *	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

***Percent Daily Values are based on a 1,000 calorie diet.

OTHER INGREDIENTS: Tapioca Syrup and/or Glucose Syrup, Sugar, Pectin, Citric Acid, Sodium Citrate, Natural Flavors, Sunflower Seed Oil, Natural Palm Leaf Glaze, Palm Oil, Black Carrot Juice Concentrate (Color).

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Enjoy support for occasional sleeplessness and wake up feeling refreshed with gentle, yet effective Low Dose Melatonin Gummies!†

100% QUALITY SATISFACTION GUARANTEE



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