

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

L-THEANINE
200 mg

GLUTEN FREE
NON GMO

60 QUICK RELEASE
CAPSULES

SUPPORTS A RELAXED,
CALM MOOD†

Supplement Facts

Serving Size: 1 Quick Release Capsule
Servings Per Container: 60

Amount Per Serving	% Daily Value
L-Theanine	200 mg *

*Daily Value not established.

OTHER INGREDIENTS: Gelatin Capsule,
Cellulose (Plant Origin), Vegetable
Magnesium Stearate, Rice Powder,
Silica.

†This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat,
cure or prevent any disease.

DIRECTIONS: For adults, take one
(1) quick release capsule daily,
preferably on an empty stomach.

WARNING: If you are pregnant, nursing, taking
any medications or have any medical condition,
consult your doctor before use. If any adverse
reactions occur, immediately stop using this
product and consult your doctor. If seal under cap
is damaged or missing, do not use. Keep out of
reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose,
Soy, Artificial Color, Artificial Flavor,
Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
Nature's Truth LLC
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DIETARY
SUPPLEMENT