

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

IRISH SEA MOSS

COMPLEX | 2,250 mg**
PER SERVING

with

BLADDERWRACK
& BURDOCK ROOT

GLUTEN FREE
NON GMO

90 QUICK RELEASE
CAPSULES

Supplement Facts

Serving Size: 3 Quick Release Capsules
Servings Per Container: 30

Amount Per Serving	%Daily Value
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Irish Sea Moss Complex	2,250 mg (2.25 g) *
Organic Irish Sea Moss (<i>Chondrus crispus</i>) (whole herb) (Wildcrafted)	
Bladderwrack (<i>Fucus vesiculosus</i>) (whole algae)	
Burdock Root (<i>Arctium lappa</i>) (from 10:1 extract)	

*Daily Value not established.

OTHER INGREDIENTS: Rice Powder, Gelatin Capsule,
Vegetable Magnesium Stearate, Silica.

**Equivalent from a proprietary blend of Irish Sea Moss,
Bladderwrack, and Burdock Root 10:1 extract per serving.

WILDCRAFTED
MINERAL-RICH
SUPERFOOD

DIRECTIONS: For adults, take three (3) quick
release capsules daily, preferably with a meal.
Do not exceed recommended dose.

WARNING: This product should not be taken by individuals with known
hypersensitivity to iodine or hyperthyroidism. Not intended for use by
pregnant or nursing women. If you are taking any medications, planning
any medical or surgical procedure or have any medical condition, consult
your doctor before use. Avoid this product if you are allergic to ragweed or
daisy-like flowers. If any adverse reactions occur, immediately stop using
this product and consult your doctor. Not intended for use by persons
under the age of 18. This product is not intended for long-term use. If seal
under cap is damaged or missing, do not use. Keep out of reach of
children. Store in a cool, dry place.

WARNING: This product can expose you to lead, which is known to the
State of California to cause birth defects or other reproductive harm. For
more information go to www.P65Warnings.ca.gov.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy,
Artificial Color, Artificial Flavor, Artificial
Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
Nature's Truth LLC
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OUR
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PLEDGE**
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DIETARY
SUPPLEMENT