

VALUE SIZE

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DIRECTIONS: FOR ADULTS, TAKE THREE (3) SOFTGELS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 66

Amount Per Serving	%Daily Value	
Calories	40	
Calories from Fat	35	
Total Fat	3.5 g	6%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	2 g	***
Monounsaturated Fat	1 g	***
Cholesterol	10 mg	3%
Protein	<1 g	2%**

Triple Omega 3,6,9 Proprietary Blend	3,600 mg (3.6 g)	***
Organic Flaxseed Oil, Fish Oil, Borage Seed Oil		***
Typical Fatty Acid Profile:		
Omega-3		***
1,354 mg of Total Omega-3 Fatty Acids comprising of:		***
Eicosapentaenoic Acid (EPA)		***
Docosahexaenoic Acid (DHA)		***
Alpha Linolenic Acid (ALA)		***
Other Fatty Acids		***
Omega-6		***
296 mg of Total Omega-6 Fatty Acids comprising of:		***
Linoleic Acid		***
Gamma Linolenic Acid (GLA)		***
Omega-9		***
266 mg of Total Omega-9 Fatty Acids comprising of:		***
Oleic Acid		***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.
Contains fish (anchovy, mackerel, sardine) ingredients.

Sundown
Naturals

TRIPLE

Omega 3-6-9

Flax, Fish & Borage Oils

**Promotes
Heart Health***

PURIFIED
TO ELIMINATE
MERCURY, PCBs
AND **DIOXINS**

200 SOFTGELS

DIETARY SUPPLEMENT

**Smart
Facts**

This remarkable product is a blend of Fish, Borage and organic Flax Oils, all of which contain polyunsaturated fatty acids your body needs.* Fish and Flax oils are sources of Omega-3 fatty acids (ALA, EPA & DHA), which are important for promoting heart health.* This product also includes Omega-9 fatty acids.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

**FREE OF
Gluten &
Wheat**



Prod. No. 64427



10J B52362
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